Australian International School Secondary Lunch Menu Nov 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
	2/11	3/11	4/11	5/11	6/11
A	Danish Roasted Apple Pork Loin with Red Rice	Creamy Chicken Lasagna	Afelia Cyprus Pork Stew with Carrot Rice	Rindsgulasch Germany Beef Stew with Pasta	Arroz con pollo (Spain Chicken Rice)
B	Chicken Pad Thai	Braised Minced Pork with Eggplant with Rice	Vietnamese Shaking Beef with Carrot Rice	Thai Garlic Steamed Fish with Rice	Pork Adobo with Rice
C	Ceci in Umido (Chickpea Stew) with Red Rice	Hong Kong Style Tomato & Scramble Egg with Rice	Stir Fried Mixed Mushroom with Pesto Penne	Ca jun Cauliflower & Dried Tofu with Rice	Caramelized Onion Pasta
Chef's Special	Cheese Baked Spaghetti Bolognese	Gyudon (Japanese Beef Bowl)	Tandoori Chicken with Rice	Bibimbap (Pork)	Fish & Chips
Noodle Bar	Tom Yam Mixed Seafood Ho Fan Soup	Shanghainese Dumpling with Rice Noodle	Hong Kong Style Wonton Noodle Soup	Vietnamese Sausage & Chicken Ho Fan Soup	Taiwanese Braised Beef with Rice Noodle Soup

Go! Eat as much as you want. Slow! "Sometimes Food! " Whoa! Once in a while.

Highlighted in respective colour on the Hot Meal choice

Dairy Alert | Egg Alert | Seafood Alert

Shellfish Alert | Spicy Alert | Vegetarian Choice

Asia Pacific Catering

Australian International School Secondary Lunch Menu Nov 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
	9/11	10/11	11/11	12/11	13/11
A	Kokotxas Spanish Poached Fish with Pasta	Beef Stew with Green Pea & Cumin with Red Rice	Thyme Roasted Chicken with Mash	Roasted Pork Loin with Mushroom Sauce with Rice	Hunter's Chicken with Fettuccine
B	Dorai Kare (Japanese Ground Beef Curry) With Rice	Hong Kong Style Chicken in Swiss Sauce with Red Rice	Vietnamese Style Turmeric Fish with Rice	Japanese Fried Udon with Chicken and Seasonal Vegetables	Steamed Pork & Black Bean with Rice
C	Thai Style Vegetarian Pineapple Fried Rice	Kolokithakia tiganita (Greece fried zucchinis) With Butter Penne	Fusilli Pomodoro	Vegetarian Frittata with Garlic Potato	Sauteen Garlic Mushroom & Dried Tofu with Rice
Chef's Special	Chicken Schnitzel with Fries	Japanese Pork Cutlet with Mild Curry Rice Bowl	Shogayaki– Japanese Ginger Pork Rice Bowl	Cheese Baked Beef with Black Pepper Sauce & Egg Fried Rice	Gambas al ajillo –with Spaghetti
Noodle Bar	Taiwanese Minced Pork with Rice Noodle	Hong Kong Style Squid Ball Ho Fan Soup	Roasted Honey Chicken Wing with Oil Noodle	HK Style Tomato & Chicken Rice Noodle Soup	Thai Lemongrass Beef with Vermicelli Soup

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Asia Pacific Catering

Australian International School Secondary Lunch Menu Nov 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
	16/11	17/11	18/11	19/11	20/11
A	Hachee Dutch Beef Stew with Pasta	Chicken Paella	Tuna & Sweet Corn Pasta Baked	Balsamic & Mustard Glazed Roasted Pork Loin with Penne	Jarret de boeuf (Sweet Potato & Beef Stew) with Pasta
B	Steamed Chicken, Mushroom & Black Fungus with Sweet Corn Rice	Stir Fried Beef & Scrambled Egg with Rice	Jeyuk bokkeum–Korean Pork with Rice	Minced Beef Nasi Goreng	Chicken, Lettuce and Egg Fried Rice
C	Eggplant Teriyaki with Sweet Corn Rice	Portuguese Style Vegetables Curry with Rice	Pisto (Spain Style Ratatouille) with Pasta	Sweet Corn Mac & Cheese	Gobi Manchurian (india fried cauliflower) with Rice
Chef's Special	Cheese Baked Pork Chop with Egg Fried Rice	Traditional Sausage, Bake Bean & Fries	Hainanese Chicken Rice	Taiwanese Pop Corn Chicken Rice Bowl	Pork Schnitzel with Fries
Noodle Bar	Korean Beef with Cheese Udon Soup	Vietnamese Lemongrass Chicken with Ho Fan	Hong Kong Style Tomato & Beef with Vermicelli Soup	Japanese Fried Dumpling with Ramen Soup	Beijing Fried Sauce (Pork) with Oil Noodle

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Asia Pacific Catering

Australian International School Secondary Lunch Menu Nov 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
	23/11	24/11	25/11	26/11	27/11
A	Italian Chicken Cacciatora with Herb Potato	Katův šleh–Czech Spicy Pork Stew with Butter Penne	Penne Al Tonno	Stifado–Greek Beef Stew with Sweet Corn Rice	Italian Marinade Roasted Chicken Steak with Herbed Linguine
B	Steamed Mushroom & Fish with Rice	Stir Fried Beef & Snow Pea with Rice	Stir Fried Moo shu pork with Red Rice	Morgh e shekam por (Iranian Chicken) with Sweet Corn Rice	Thai Basil Minced Pork with Rice
C	Beans Bourguignon with Pasta	Pan Fried Miso Tofu with Rice	Cowboy Beans with Red Rice	Pesto Vegetarian Chicken Pasta	Sweet & Sour Cauliflower with Rice
Chef's Special	Portuguese Bifana (Pork Bun) with Fries	Cheese Baked Creamy Seafood with Spaghetti	Peking Shredded Pork Rice Bowl	Butter Chicken with Rice & Roti	Korean Kimchi Beef Rice Bowl
Noodle Bar	Hong Kong Ginger Beef with Macaroni Soup	Thai Pattaya Chicken with Ho Fan Soup	Japanese Beef Udon Soup	Laksa Seafood with Oil Noodle	Dak Galbi–Korean Chicken with Udon Soup

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Asia Pacific Catering

Australian International School Secondary Lunch Menu Nov 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
	30/11				
A	Smoke Paprika Pork Chop with Carrot Rice				
B	Braised Chicken & Potato with Carrot Rice				
C	Hungarian Bean Goulash with Pasta				
Chef's Special	Cheese Baked Curry Beef with Egg Fried Rice				
Noodle Bar	Japanese Mixed Seafood with Mild Curry Ramen Soup				

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Asia Pacific Catering